



**RESEARCH PAPER**

**Psycho-Social and Economic Complications Faced by Divorced Women  
in Faisalabad, Pakistan: A Qualitative Study**

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**ABSTRACT**

Pakistan includes in the list of countries where divorce rates are gradually increasing. It has been asserted that many divorced women face more financial difficulties than men. Most women who experience financial decline are likely to feel poor or face some form of financial difficulty. The financial effect of divorce is manifested in the individual's behaviour when the relationship comes to an end. Often, women are making some lifestyle changes in order to supplement and secure their incomes after a divorce. Some may decide to work long hours or take a second job after divorce. Those who may not have had jobs before the divorce are likely to get one. The current study is an effort to explore the socio-economic problems faced by divorce women. The study was conducted in rural areas of Faisalabad. This study is explorative and is framed under a qualitative research design. Sampling for the study was done purposively whereby a total of 15 divorced women. Information from the respondents was collected through an interview guide and is analysed thematically. The findings of the study show that divorced women are confronted with many socio-economic problems. In addition, divorced women face many problems while educating their children, for instance, lack of aspiration, lack of economic support, transport problems, frequent residential moves, and lack of adjustment.

**Keywords:** Adjustment, Children, Divorce, Economic Support, Problems, Schooling, Women

**Introduction**

Women experience the ill effects of emotional and monetary issues; thus, such women deal with huge issues while mingling and monetarily dealing with their youngsters (Parveen, 2010). Divorced women are less ready to equip their youngsters with sensible and sterile food, water and safe house comparatively as pocket cash and other individual costs (Kotwal & Prabhakar, 2009; Saleem, 2012; Ahmed, et.al. 2015). Further, divorced women overseeing gigantic money related issues can't give their kids quality mentoring and likewise, they experience the detestable effects of nonattendance of illuminating yearning and perform feebly in instructive stream (Sun & Li, 2002).

Divorced moms additionally deal with issues in giving sporting offices to kids where they are barely accessible with toys and other sporting offices (Stoneman, 2007). Thinking about the issues of divorced women, this review will be a work to investigate the financial issues looked by divorced women in mingling and satisfying the monetary requirements of their kids.

Divorce is a certifiable emotional and financial trouble for a few divorced households. The monetary effects stay a trouble particularly regarding the mom and her youths. Women's activists have superior more than one speculations and proposal to alternate the real frameworks that might blessings ladies who're locked in with divorce. In any case, ladies live thwarted once they divorce, and that they face numerous hardships. The

conspicuous isolate among the ladies dissident duties and what ladies revel in once they divorce increase a few trouble concerning the ladies extremist undertaking to divorce. It has been stated through particular researchers, that the competition that divorced ladies and sometimes their established face licensed monetary problems is at this factor now no longer a trouble of conflict. Various ladies dissident has performed what is critical to expose and increase that ladies assumptions for everyday solaces rot all of sudden at divorce (Fagan 2010).

Financial restraints after divorce of husband are key stressors for the women to develop their children and execute the basic needs of children such as three meals in a day clothing and schools fee and sustain everyday expenditure. All these women troubles are linked with child future problems such as emotional, social, physical and behavioral (Kotwal & Prabhakar 2009).

### **Literature Review**

Islam noticed the genuineness of divorce at the own circle of relatives and society paying little thoughts to how it's miles allowed through the problem of ordinary existence or for convincing motives like general revulsion, nonappearance of insight, nonappearance of plan among the couple, and the presence accessory's nonattendance for a definitely wide time span or harm to a perfect unite with Chronic torment or sterility of a couple, pardoning how it's miles allowed to them however it avoids from a situation of shock, and it is not affordable through Islam (Qaisi, & Majali, 2003)

The trouble of divorce is taken into consideration from the wonders that depicted through the shot at declaration regardless the manner that its impact beyond the man or woman to mix the nearby well-known, the get-togethers prompted through divorce harm precipitated to their ethical and fabric for a virtually extended stretch of time, engaging in a disparity within side the individual, own circle of relatives and social relationship (Ghazwi, 2007).

Family and marriage are general social establishments that fulfill a couple of huge limits, which are basic to both individual and society. Social establishments, for example, marriage and family outfit people with money related and mental help, coordinates sexuality in socially supported way, gives mental satisfaction, develop social associations, and help in plan of financial assistance (Kornblum, 2012; Muzaffar, et. al. 2018 ).

Notwithstanding the way that marriage serves the general public in more ways than one; is additionally stood up to with plenty of issues and difficulties, which influences society in numerous significant ways. These issues and difficulties incorporate conjugal unsteadiness and significantly simple disintegration of marriages bringing about divorce (Stevenson and Wolfers, 2007; Amato, 2000). Divorce influences marriage as an establishment for example by upsetting the financial and mental capacities satisfied by marriage (Clark, 2015).

Divorce women are gone up against with critical issues in regards to the tutoring of their youngsters. The most note capable among such issues are continuous private moves (upsetting the progression of tutoring), powerlessness to pay school charge prompting move to inferior quality everyday plan dis-continuation of school, inability to help youths in home work and to visit to school, inability to pay transport cost and to buy books and meet step by step expenses of the children. There are various explanations behind dealing with such issues while tutoring their kids, for example, divorced women regularly carry on with their life in neediness, they experience the ill effects of psychological sickness prompting diminished spotlight on their kids just as stay looking for work or work outside home which don't permit them to zero in on the tutoring of their youngsters. Associatively, offspring of

divorced women perform ineffectively in schools. For additional subtleties see the investigations of (Amato & James 2010)

### **Economic and Social Outcomes of Divorce**

Different appraisals have shown that the money related costs of separation fall the more solidly on ladies in general. After bundle, ladies experience a more sharpened diminishing in family pay and a more noticeable criticalness risk (Smock 1994; Smock and Manning 1999). Explanations for this sex strange nature consolidate four peril factors for ladies (Bröckel and Andress 2015; Holden and Smock 1991):

- (1) Higher monetary need and bound getting limits inside seeing youngsters;
- (2) Lacking child support;
- (3) Unbalanced loss of pay, which is dependably not totally reimbursed by spousal upkeep; and
- (4) Human assets insufficiencies happening as a result of sex specialization in the division of work during the marriage.

Custodial layouts address the first and most truly spun around topic identified with social inescapable consequences of separation. Noncustodial watches—usually fathers—face the primer of staying in touch with their youngsters (Vogt Yuan 2014). Custodial watchmen—generally moms—face the primer of solo supporting and finding childcare (Goldberg et al. 1992). Subsequently, separate is relied upon to contrarily influence the shot at the customary presence of the two mates (Umberson and Williams 1993). Appraisal has suggested that fathers might experience more than moms in this space (Leopold and Kalmijn 2016), especially when they lose (or dread losing) contact with kids (Bauserman 2012).

### **Material and Methods**

The present research was carried out in District Faisalabad, Punjab Pakistan. The study was to investigate the socio-economic problems faced by divorced women. The researcher drew a sample of 15 respondents out of large female population who have been Divorce and were facing socio economic problems. Qualitative data was collected using face-to-face communication. Non-probability sampling techniques were used to gather and select valid respondents. In this method, the Purposive sampling technique was used to obtain the desired sample. The study is based on primary data. Primary data were collected through an interview schedule based on random sampling. The researcher also gathered information about the socio- economic background of the respondent using techniques and other inputs. The interview guide comprised of coordinated and organized open-ended inquiries. The time burned-through in each interview was assessed at 40 to 45 minutes. Thematic and content analysis was applied to draw the streamline experience of the respondent. After data assortment, the researcher broke down the information and framed case studies dependent on individual cases.

### **Results and Discussion**

The researcher found in this case that Allah Almighty has bestowed a lot of honor on the woman .But there was woman is the biggest reason for destroying another woman's house. Is that in this case also something happened that, the son destroyed his house because of parents. The divorce did not harm the man or his family, but the woman and her son remained at the mercy of society. In this case, the researcher found that individuals know about the consequence of adoration marriages however they are hesitant to rehearse

this is on the grounds that most cases are finished in the type of divorce. The researcher found in this case that a woman can use her genuine rights. Such cases happened when watchmen took the brief decisions about the marriage of their daughters with no previous investigation.

The researcher found in this case that ordinarily, Allah presented to females a huge level of resilience when stood out from men. She endeavored at her best level to save marriage for their young people anyway men ignored this reality. The researcher found in this case that watta satta (Exchange marriage) was major cause of her divorce although she was living a happy life. Due to this watta satta (Exchange marriage) she had a sign of divorce on her forehead forever. It was analyzed that mostly illiterate people do marriages on watta satta basis. The researcher tracked down that in this case that now daily's the vast majority needed to wed voluntarily and to satisfy their cravings even they required the strong advance of second marriage. It was additionally dissected that constrained marriage doesn't prompt a glad life. The main reason for her divorce was the second marriage of Bushra's husband which was discussed in it. Where God has allowed a man to have four marriages, he is also instructed to take care of all the needs of his wife. When a person deviates from these responsibilities, the problem is exacerbated, leading to problems such as divorce. After the divorce, Bushra faced the biggest reason for this Divorce case is the second marriage of a man. Just as Islam gives a man the right to remarry, while at the same time it is emphasized that he should not remarry without the permission of his first wife. And it will take care of all its needs so that its rights are not lost. Many of the problems the most were mental and financial problems.

The biggest reason for this Divorce case is the second marriage of a man. Just as Islam gives a man the right to remarry, while at the same time it is emphasized that he should not remarry without the permission of his first wife. And it will take care of all its needs so that its rights are not lost. The main explanation of the divorce is watta satta (Exchange marriage), in this case Allah presented to female significant degree of persistence when contrasted with men. She attempted at her best level to save marriage for their youngsters however men overlooked this reality. Another major cause of divorce today is the joint family system because in such a family everyone lives together Which causes a lot of problems and no one can tolerate each other's talk and which leads to divorce and destroys a happy family house and case so many social, economic and psychological issues. The researcher found in this case that normally, Allah presented to female undeniable degree of tolerance when contrasted with men. That is the reason Saba attempted at her best level to save marriage for their girl however men disregarded this reality. The researcher found in this case that Allah Almighty has bestowed a lot of honor on the woman .But there was woman is the biggest reason for destroying another woman's house. Is that in this case also something happened that, the son destroyed his house because of parents. The divorce did not harm the man or his family, but the woman and remained at the mercy of society. The researcher found for this situation that the relationships that depend upon watta satta (Exchange marriage) by and large finished in divorce. The exhibit of watta satta (Exchange marriage) is more customary in common regions as contrast with metropolitan districts. The researcher found in this case that regardless of the way that individuals are living in the 22nd century their contemplations are at this point unbending. There is still absence in certain families they thoroughly deny the way that to give a child or not is in the hand of Allah. There is no importance for women in our overall population. The men don't respect the feelings of women.

This study endeavors to research the difficulties of pre and post-divorce life of divorced women. Based on perception of before studies and field talk with it tends to be inferred that there are numerous particular purposes behind the contact, women assume a focal part in family connections. At the point when another marriage is shaped and another lady enters the family circle, a mother might accept, effectively, that she is less social in her child's life and might be undecided with regards to surrendering the nearby binds with him

that she delighted in previously. A daughter in-law may likewise be monitored on the grounds that she doesn't have the foggiest idea what's in store and regardless of whether she'll be acknowledged. Such nerves make a feeling of frailty on the two sides. Field meet additionally shows that among the issues from conjugal family the caustic connection between the respondents and their mother by marriage is likewise answerable for the conjugal end after their better half. Sources likewise shared that their mother in-law typically remarked or elucidated them for homegrown errands; for male youngster, settlement and uncertainty (relative has a shaky outlook on her excellent situation in the family). The conduct of the spouse family towards a girl in-law after she enters the marital home is surprisingly undecided. From one viewpoint, there are incredible assumptions from her. On the other, she is exposed to prodding and provoking by her marital family. Such prodding and provoking may identify with her glances toward her of sprucing up, her family foundation or the settlement that she carried with her. On the off chance that the girl in-law shows tolerance and for bear and the prodding and provoking remaining parts inside sensible cutoff points, things in the end improve and the girl in-law can cut out a spot for herself in the family. Notwithstanding, if the prodding and provoking emerges from some real complaint as for endowment, the manner in which the marriage was masterminded or the personality of the little girl in-law, it can continue and prompt family disunity. The explanation given by some divorced women for expecting social issues after divorce is expected to having an awful relationship with the family members and kin. The sources additionally shared that they were treated as having a place with an alternate gathering due to their divorce. Greater part of the divorcee women depicted in various ways the experience of dismissal and social confinement because of their divorce.

The public activity and relationship of divorced women had a lot of contrast from wedded one. On an entire in our general public the divorce are not wanted and endorsed and for this women are accused more and their notoriety in friendly layers additionally decreases. In assessing the job of the family as a wellspring of social help It can be inferred that the divorced lady quite often gets back to the group of her starting point, either to her folks or kin or to different family members (Choudhary, 1988; Mehta, 1975; & Pothan, 1986). In this paper researcher likewise found that greater part of the respondent expressed that they got back to the family, either to her folks or kin after their divorce when respondents were asked that what kind of job their folks play in their post-divorce life then larger part of them revealed that after their divorce they lived with their folks. Some of them detailed that toward the starting they were not having acceptable relations as their folks were under mental tension; social shame in their little girl's life and they feel trouble about their girl's re-marriage, yet later on their folks conduct changed, slowly they emerged from their psychological strain and they acknowledged the reality of their girl's life. The witnesses whose guardians were not strong towards them confronted more friendly difficulties in the public eye and it was a major test to them to rearrange in the public arena. While the sources whose guardians were upheld towards them they confronted fewer difficulties to correct in the public arena. It shows that guardian's disposition and backing assumes a significant part for their divorced girl's for rearrangement in the public arena. The monetary issue of divorced women especially those with youngsters were more genuine. Monetary emergencies are a standing circumstance with a portion of the divorcee women. It becomes troublesome in gathering the fundamental necessities of kids like food, clothing, school charges, keeping up with the past way of life and meet individual cost. The greater part of the women, confronted sensation of responsibility, disgrace, disdain, outrage, uneasiness about future, feeling forlorn and alone, injury and misery after divorce. The impact of divorce on women has mental and emotional ramifications which cover a women's confidence. It impacts women's capacity to turn into a positive good example. She feels terrified viewing herself as alone and useless with none to help or solace her. Prior investigations shows, divorce is regularly joined by sensations of defenselessness, outrage, sorrow, culpability depression and other negative feelings (Booth and Amato, 1991).

Above conversation showed that divorce was an unpleasant experienced and puts an enormous measure of strain or gloom on divorced women. The conjugal end was horrendous for the women since they believe they were resisting the standards set by the general public. Lady whose sensations of confidence get influenced, now and then she begins believing that this happened to her simply because she was not a decent individual, who prompts implosion and they feel desolate and alone and thusly sorrow. Because of injury once in a while they pick self-destruction. Discouragement prompts sensations of outrage and frailty.

## **Conclusion**

Divorce is a social issue in our general public with expanding rate step by step. Since guys are prevailing in our general public and at times they utilize their privileges in incorrect manner and change the entire existence of women. In numerous social arrangements financial attributes of the individual assume a crucial and key part in the development of his/her demeanor and standards of conduct. After divorce, women face heaps of issue. In this review, it was tracked down that divorced women experience numerous financial issues. It was inferred that numerous marriages were brake up due to watta satta (Exchange marriage), love marriage, organize family framework and sometimes men needed a second marriage since they love one more lady before their marriage. The aftereffect of this review was that the danger of getting divorce is higher in lower class when contrasted with working class. For the most part respondents were uneducated. They were not doing any positions with the exception of few cases. After divorce the serious issue which women face was the monetary issue. The monetary circumstance of divorced women was perceptibly more regrettable. The reasons were complex, lower instructive fulfillments, more regrettable open positions results of sex job during the marriage and challenges in compromise of family and working life. They feel trouble on their parent family as they were not exceptionally instructed so that is the reason they couldn't do any task to lessen her monetary issues. Every one of the respondents lived alongside their kids at their parent's home with the exception of few cases. In all cases father and sibling upheld them. They couldn't satisfy their necessities and their kids. They were stressed over their youngsters' turn of events and furthermore their little girl's marriages as they have indication of divorce always on temple. They additionally confronted the amusing conduct of the family members and different citizenry. Practically all respondents feel delay while partaking in any sort of get-together. They were intellectually upset and have a feeling of inadequacy. Divorce unfavorably impacts the kids' turn of events. Generally kids were intellectually upset. Besides they had forceful conduct. The youngsters couldn't give full consideration towards their investigations. Live respectively prior to wedding Second and ensuing marriages, correspondence issue, absence of peace promotion abilities, dropping out of affection and absence of obligation to marriage monetary issues, liquor habit, absence of development and actual maltreatment.

## **Recommendations**

Members of society should uphold the divorced women monetarily. Parents ought to research about the personality of man to whom to wed their little girl before marriage. It can diminish divorce somewhat.

- To defeat the financial issues of divorced women and to diminish the divorce rate the two accomplices ought to think about the future troubles of their youngsters prior to choosing to divorce. In the event that divorce happened, father should uphold their kids monetarily.
- Government ought to set out work open doors for divorce women.

- Marriages ought not to be based on watta satta (exchange marriages) to decrease divorce.
- Conducting further examinations on the point and research a greater number of issues looked by divorced women other than the social and money related issues.
- The scientists prescribe planning extraordinary projects to really focus on divorced women and direct broad exercises to address the issues of this classification and assist them with being qualified to secure positions.

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